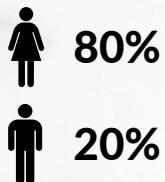




Hi Lovelies!

I'm Sara Lynn Cauchon and as an entrepreneur and mom of two, I know how hard it can be to get nutritious and delicious meals on the table day after day which is why I am all about sharing fresh, fuss-free recipes to make life in the kitchen a whole lot easier!



42% USA
9% Canada
6% UK



Reach



Like Ratio

@THEDOMESTICGEEK1

180K

INSTAGRAM
FOLLOWERS

2 Million

YOUTUBE
SUBSCRIBERS

100K

FACEBOOK
LIKES

1 Million

MONTHLY
VIDEO VIEWS

AS SEEN ON...

martha
stewart

LIVE
**KELLY
AND
RYAN**

THE DR.
OZ
SHOW

BuzzFeed

the
social

POPSUGAR.

Cityline

the marilyn denis show
MARILYN

What can I do for you?

I love to partner with brands I feel passionate about to help build greater awareness and share their stories. Over the past decade, I've worked with dozens of brands on cross-platform projects that have informed, engaged, and entertained audiences across North America. These partnerships are totally customizable and may include the following services:



GET IN TOUCH FOR RATES

YOUTUBE VIDEO

Custom brand integration including messaging and recipe development. Also includes a social post promoting video on Instagram and Facebook.

VIDEO CUTDOWN

One 30-60 second cutdown of the main video to be shared on Facebook or Instagram as a reel or feed post.

INSTAGRAM STORY

Dedicated Instagram story slides including brand mention, messaging, and clickable links.

RECIPE LICENSING

Recipe and image licensing for one year.

YOUTUBE SHOUT-OUT

Includes a verbal and visual drive to client's product or content. Also includes a social post promoting video on Instagram and Facebook.

SOCIAL POST

Options include static feed posts, photo carousels, reels, and instagram videos.

LIVE STREAM

Option to live stream on Facebook and/or Instagram. Option to host on client platforms or on The Domestic Geek platforms.

MEDIA SPOKESPERSON

Available for media appearances, live events, press, and more.